Consult Appointment Management Office

(619) 532-8225 x1

Michelle Roldan

MRI Non-Routine

- This includes ASAP, URGENT, STAT, Inpatient and ED requests
- Ordering Healthcare Provider must contact the On-Call Radiology Service at 619-453-6379

MRI Routine

- Appointments are scheduled by CAMO

  (619)532-8225x1
- Ensure that there is an updated phone number for the patient
- Please be specific on your order.
- **If x-ray was done on a ship, please indicate what was ordered and when it was completed. Please have patient bring it with them to their appointment**
- Ordering healthcare providers are responsible for ordering sedative if patient is claustrophobic

MRI Prerequisites

- **Prior to any musculoskeletal MRI, a recent (within 6 months) x-ray is required.**
- Organs and Spine MRI does not require x-rays
- MRI with contrast: if patient is >60 or has a history of renal failure or kidney disease or high blood pressure or diabetes, **GFR lab must be ordered** and done within 45 days of MRI appointment

MRI New Changes

Knee > 60 y/o from PCM w/ dx of DJD/degenerative changes

- Exam is not indicated for degenerative changes per American College Radiology Appropriateness Criteria. If you have a specific protocol question please call 619-532-8666 and ask to speak w/ the musculoskeletal radiologist http://www.guideline.gov/content.aspx?id=43872

Independent Duty Corpsman may not order studies directly.

- Exception is Fleet Liaison: IDC HMCS Scott Spence places orders from the Fleet; a medical officer's phone number or email will accompany all orders from him.

Orthopedics

- CAMO schedules the first appointment for Ortho.
- Patient is considered an established patient for one year from their first appointment and follow ups are schedule directly with the Ortho
- Orthopedic Department is divided into several subspecialties each with their own prerequisites.
- Ortho NMCSD
  619-532-8429x3
- Ortho NTC
  619-524-0146
- **All Ortho referrals require imaging within 6 months**

Orthopedic Non-Routine

- This includes ASAP/STAT/URGENT, inpatient requests
- Ordering Healthcare Provider must contact the

  BONE PHONE 619-954-6797

Ortho Spine Requirements

- MRI within 1 year
- 3 view x-ray within 6 months
- Physical Therapy x6 weeks
- **Documentation that patient is requesting surgical intervention**

- Ortho Spine is located at NTC Point Loma
- MEB/PEB/LIMDU- patient still needs to meet the requirements
- If your patient is not interested in surgical intervention, patient may be better suited for Pain Management

Ortho Podiatry

- Podiatry is located at NTC Point Loma
- This is the only Ortho Clinic that creates custom orthotics
- **Bilateral weight-bearing x-rays are required prior to orthotic consult.**
- Patients must bring their work (boots, dress) and running shoes with them to their appointment.
- Podiatry will also see ingrown toenails, infections, corns, calluses or DM care.
- Plantar warts are sent to Dermatology
- Patient who have ingrown toenails must wear open toe shoes or sandals

Ortho Hand

- Ortho Hand is located at NMCSD Bldg 1, 1st floor
- Imaging within 6 months are required
- Carpal tunnel or Cubital tunnel referrals: **All compressive nerve pain needs documented abnormal NCS or EMG prior to Ortho Hand consult**

Pain Management Non-Routine

- This includes all ASAP/URGENT/STAT requests
- Ordering Healthcare Provider must contact On-Call Pain Service 619-677-7415

Pain Management

- Ordering Healthcare Provider must be a Physician, Nurse Practitioner or Physician's Assistant and cannot originate from the Emergency Department
- CAMO schedules their first appointment
- Pt's are established for 1 year from their first appointment. Established pt's can call Pain Management directly to schedule f/u appointments

  619-532-8937x2
- **For Spine related referrals: MRI within 1 year and x-ray 3 views within 6 months are required**
- Referrals requesting opioid medications must include provider's POC info
- Consults concerning initiation or titration of opioid for non-cancer pain , the referring provider will continue to provide opioid prescriptions as they see medically required until such time as the patient and provider can sign a three-way opioid agreement identifying the roles and responsibilities of the patient, the pain medicine center and the referring provider

OB/GYN

- OB/GYN clinics are located at NMCSD, NTC and Miramar
- CAMO schedules the first appointment
- OB/GYN patients are established for 1 year from their first appointment. Pt's who are established can call OB/GYN directly to schedule

- OB/GYN NMCSD
  619-532-7000 or 532-7082
  OB/GYN NTC
  619-524-6195
  OB/GYN Miramar
  858-577-6740

OB/GYN

Pregnancy

- CAMO will schedule first appointment
- Pt's will be sent a prenatal packet via email to fill out and bring with them to their appointment. If pt's do not have access to a printer, they can pick a packet up from OB/GYN Clinic at NMCSD

  Bldg 3, 1st floor

- Pt's are scheduled at approximately 8 weeks gestation and will have their first US done at that appointment
- **Please indicate LMP in consult**
- All pt's will have Prenatal Registration done at NMCSD. After their registration, pt's can choose to continue OB care at NMCSD, NTC or Miramar clinic

OB/GYN

Birth Control

- There are 2 types of implantable birth control. **Please specify which one the patient would prefer. (IUD or Nexplanon)**

Fibroid/Pelvic Mass/Ovarian Cyst

- Imaging study required within 1 year
- If patient has been previously diagnosed with PCOS, no imaging is required

Endocrinology Non-Routine

- This includes ASAP/URGENT/STAT requests
- Ordering Healthcare Provider must contact the On-Call Endocrinology Service at 619-379-2947

Endocrinology Prerequisites

- Labs need to be within 30 days
- Imaging must be within 6 months
- CAMO schedules first appointment
- Patient's are established for 3 years from last visit for same diagnosis. Patient's who are established can schedule directly with Endocrinology at 619-532-7375

For All Consults

- Please include the patient's current contact information, this will prevent the consult from being closed due to not being able to contact the patient.

- Also include dates the patient is available for an appointment (ie: in port days) to ensure proper scheduling.